

The University of the West Indies
Faculty of Medical Sciences
The UWI School of Nursing, Mona

COURSE TITLE : **NURSING CARE OF OLDER ADULTS CLINICAL PRACTICUM**
COURSE CODE : **NURS 3016**
DURATION : **126 Clinical Hours**
CREDITS : **3**
PRE-REQUISITE : **Nursing Care of Older Adults**

COURSE DESCRIPTION

The application of health and nursing concepts and theories in the care of the older adult patient and family. Emphasis is on practicing interdisciplinary health care and advocacy in order to promote health and prevent illness, disability and disease of the older adult. The role of the nurse in assisting the older adult to maintain wellness and minimize effects of chronic conditions is also stressed.

LEARNING OUTCOMES

At the end of the clinical practicum, the student will be able to:

1. Apply knowledge and skills in the care of the older adult in acute and long-term care settings, and community facilities;
2. Demonstrate critical thinking and problem solving skills to assess, plan, implement and evaluate therapeutic approaches to the care of older adult patients with acute and chronic health conditions in acute and long-term care settings, and community facilities;
3. Utilize the nursing process in the promotion, maintenance, and restoration of wellness and the management of illness in older adult patients within developmental, cultural and environmental contexts;
4. Utilize theories of ageing, mental ill-health and grieving in providing care for older adults and families in all health care settings;
5. Demonstrate ethical and legal prudence in applying health and institutional policies to nursing care of the older adult patient;

6. Demonstrate psychomotor competence in implementing independent and collaborative nursing interventions to meet the needs of the older adult patient with acute and chronic health conditions in all health care settings.

CONTENT OUTLINE

1. Period of attachment to hospitals, health centres/clinics, geriatric homes, etc.
2. Selection of student patient assignments in hospitals, health centres/clinics, community
3. Utilization of the nursing process in the management of selected patients in the clinical settings
4. Performance of related associated nursing procedures
5. Visits to older adults in their homes to assess, plan, implement and evaluate care

Teaching/Learning Methodologies

Clinical teaching & supervision
Problem-based clinical conferences
Student-led seminars and discussions
Practical demonstration & return demonstration
Preceptor-student advisement
Case study
Clinical Skills Workbook

Areas used for Learning

Clinical Learning Centre (Nursing Skills Laboratory)
Hospitals
Health centres/clinics

Homes

Community

Learning Experiences

Period of attachment to homes, geriatric homes, day clinics, hospitals, and health centres/clinics to observe, assess, plan and participate in the of care to the older adult

Visits to homes operated by government and non-governmental organizations to observe organization and management of facilities, resources and general care of older adults and develop care plan to meet their needs

Assessment of environmental safety in homes and health care facilities caring for the older adult patient

Required Skills

1. Application of skills from previous nursing & other courses
2. Assessment of environmental safety for older adults
3. Assessment of community resources to support care of older adults
4. Therapeutic communication (engaging the helping relationship)
5. Physical and mental status assessments
6. Administration of medications to older adults
7. Use of assistive devices
8. Visual & audio screening
9. Preparation of care plan and health promotion plan
10. Safety precautions
11. Contemporary practices related to the use of physical and chemical restraints
12. De-escalation techniques
13. Care of prosthesis

14. Grief counselling
15. Last offices
16. Occupational therapy
17. Recreational therapy

Student Assessment

Individual student case study 40%

Final clinical examination 60%

Students will be assessed on core clinical competencies in caring for older adult patients.

Required Reading

Eliopoulos, Charlotte (2009). Gerontological nursing. Philadelphia: Lippincott Williams & Wilkins.

Ebersole, P., Hess, P., Touhy, T. & Jett, K. (2012). Toward healthy aging: Human needs and nursing response. St. Louis: Mosby.

Recommended Reading

Milison, K, Foreman, M & Fulmer. (2009). Critical care nursing of older adults: Best practices. New York: Springer Publishers.

Smeltzer, S.C., Bare, B.G., Hinkle, J.L., Cheever, K.H. (2010). Brunner & Suddarth's textbook of medical-surgical nursing. Philadelphia: Lippincott Williams & Wilkins.

National Center for Chronic Disease Prevention and Health Promotion. Healthy aging: Preventing disease and improving quality of life among older Americans. Retrieved from http://www.cdc.gov/nccdphp/aag/aag_aging.htm

PAHO/WHO (1999). Plan of Action on Health and Aging: Older Adults in the Americas 1999-2002. Washington, DC: Author.

PAHO/WHO & Health Canada. A Guide for the development of a comprehensive system of support to promote active aging. <http://www.phac-aspc.gc.ca/seniors-aines/alt-formats/pdf/publications/public/healthy-sante/paho/paa-pva-eng.pdf>

Standards of gerontological nursing. Available at
<http://www.gnaontario.org/Images/GNAStandards.pdf>
<http://nursesbooks.org/Main-Menu/Standards/A--G/Gerontological-Nursing-Practice.aspx>
United Nations (1999). Population Aging Wall Chart. New York: Author.
United Nations (2001). World Population Prospects. New York: Author.
WHO (2002). Active Aging: A Policy Framework. Geneva: World Health Organization. Geneva:
Author.

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BACHELOR OF SCIENCE IN NURSING

YEAR 3, SEMESTER II, ACADEMIC YEAR 2013-2014

Group 1

(This is the group of student who will be doing Parent Child Nursing Practicum in weeks 9-11 and Care of the Older Adult Wks 12-14).

Group A ADAMS, Angelique BEHARRIE, Shantoya BRYAN, Rochelle CHAMBERS, Yanique CROSSLEY, Nakitha DOYLEY, Chantal	Group B FALCONER BEADLE, Moya GAYLE, Peta-Gayle HENRY, Francine KIRLEW, Felicia FRATER, Kevin	Group C AIKMAN, Shelly-Ann BELLANFANTE, Olivia CAMPBELL, Camelle COLE, Kadian DALEY, Shakara DRACKETT, Shaneire	Group D ANDERSON, Gian BENT, Antonette CAMPBELL, Christie COLEMAN, Stephanie DAVIS, Dacia DUFFUS, La-Vonne
Group E (4) FERGUSON, Ashana GLYNN, Rachael HEYWOOD, Shanna-Kay LAWRENCE, Vanessa LEWIS, Siwell GRAHAM, Trishanna	Group F FORD, Felisha GOSLIN, Racheal HOLNESS, Donnett LEVY, Nিকেisha INGRAM, Amelia LEWIN, Simone	Group G ANDERSON, Jonelle BRANDON, Joanna CAMPBELL, Tamara COPELAND, Pter-Ann DAVIS, Jonian DUNBAR, Marvil	Group H BROADBELL, Shade ELLINGTON, Salima CAWLEY, Latoya CORRIE, Camille DEANS, Marissa FRECKLETON, Keneisha
Group I GRAY, Chimeka JOHNSON, Schnell LEWIS, Nyoka GAUNTLETT, Nakyla GRAYSON, Raichelle KAMAKA, Gisselle	Group J BAKER, Simone BROWN, Lotoya COKE, Averia CROOKS, Le-Rhone DENNIS, Trishan FACEY, Ann-Marie		

Group 2 (This is the group of student who will be doing Older Adult Practicum wks 9-11 and Parent Child Nursing Practicum in weeks 12-14).

Group K LINTON, Ornella MENDEZ, Roshelle PASSLEY, Rojay ROBERTS, Stacy-Ann THOMAS, TASHEKA WEIR, Sade	Group L LIVINGTON, Kashieka MITCHELL, Cadaesia PESSOA, Terari ROYE, Fiona THOMPSON, Nekiesha WHITE, Alexia	Group M MAITLAND, Omelia MITCHELL, Simone POWELL, Lamoy SCOTT, Tashay TULLOCH, April WILLIAMS, Hadia	Group N MARTIN, Dwight MOODIE, Francene POWELL, Nyoka SHARPE, Cheri-Ann WALKER, Althea WILLIAMS, Ramona
Group O MARTIN, Suan MORGAN, Ashley PUSEY, Lennox SHIPPEY, Robie-Ann WALKER, Kerekia WILLIAMS, Tiffany	Group P MAXWELL, Kimberly MORRIS, Miesha-Gay RICARDO, Shereda SMITH, Shanay WALKER, Sashield WILSON, Jodi-Ann	Group Q McBAYNE, Shanelle MURRAY, Melissa RICHARDS, Kamonese STEWART, Tameka WALLACE, Daneik WITTER, Samesha	Group R McGAW, Jordiann O'NEIL, Keren RITCHIE, Tresan SUCKRA, Santana WALLACE, Juliann WITTER, Trisy-Ann
Group S MEADOWS, Kimberly OWENS, Semone ROACHE, Natasha-Lee TAYLOR, Sashonie WALLACE, Nicole WYNTER, Sabrina	Group T MELHADO, Haidee PALMER, Chantelle ROBERTS, Kadeen TELLO, Tehiysha WATSON, Andrea YAP, Jodie-Anne		