

**NURS 3015 Nursing Care of the Elderly  
Week 1-5 January 13 – February 14, 2014**

<b>UNIT</b>	<b>Lectures</b>	<b>Tutorials</b>	<b>HRS</b>	<b>Suggested Readings</b>
<b>Wk 1 Unit 1 13/1/13 Mon pm</b>	Welcome and Introduction of the Course (Assign groups) <i>Class Exercise</i>		1	
<b>Mon pm</b>	<b>Introduction to Gerontology</b> Aging –Issues and Concepts  <b>A. McPherson</b>	Related documents for discussion (Groups)	2 +1	Permanent Mission of Jamaica The Madrid Plan and you: Age Ways International July 2011 and Feb 2013 Ageism:Negative &Positive
15/1/13 Wed am	Theories of Aging <b>A. McPherson</b>	Psychosocial development models	2 +1	Gerontology Text
17/1/13 Fri am	<i>Academic Advisement</i>			
<b>Total</b>			<b>7 hrs</b>	
<b>Wk 2 Unit 2 20/1/13 Mon pm</b>	Dimensions of Ageing <b>A. McPherson</b>	Related documents (Groups)	2 +1	Ageing-The response: Yesterday, today and tomorrow-Eldemire-Shearer
22/1/13 Wed am	Biological and Physiological Changes affecting Gastrointestinal health and Urinary Elimination <i>Group Activities /Gaming</i>	Geriatric Assessment of GI & Urinary system -Possible conditions & nursing diagnoses	2 + 1	Assessment & management of nutrition  Med/Surgical Text Gerontology Text
24/1/13 Fri pm	<i>Academic Advisement</i>			
<b>Total</b>			<b>6 hrs</b>	
<b>Wk 3 Unit 2 27/1/13 Mon pm</b>	Ageing Process Issues relating to/influencing <b>A. McPherson</b>	Related document to guide discussion	2 + 1	Ageing in the 21 <sup>st</sup> century: A celebration and a challenge UNFPA report
<b>Unit 3 29/1/13 Wed am</b>	Chronic Health Conditions -Epidemiology - overview of management <b>A. McPherson</b>	Self-care management Polypharmacy  <b>A. McPherson</b>	2 + 1	Chronic Care Model
<b>Fri pm 31/1/13</b>	Biological and Physiological Changes in the Respiratory and CV health: nursing considerations <i>Group Activities /Gaming</i>	Geriatric Assessment of respiratory & cardiovascular system –possible conditions & nursing diagnoses	2 + 1	Medical – Surgical Nursing chapters Gerontology Nursing Chapters
<b>Total</b>			<b>9 hrs</b>	

UNIT	Lectures	Tutorials	HRS	Suggested Readings
<b>Wk 4 Unit 3 3/2/13 Monday Mon pm</b>	Active ageing: Principles & characteristics of a comprehensive system of support  <b>A. McPherson</b>	Related document to guide discussion  <b>A. McPherson</b>	2 + 1	Healthy Ageing through healthy living
<b>Unit 3 5/2/13 Wed am</b>	A Comprehensive system of support: Programmes and Services:  <b>A. McPherson</b>	Supporting Programmes & Services- <b>Mrs. Stennett (National Council for Senior Citizens)</b>	2 + 1	National Policy for Senior Citizens Handbook for the Elderly
7/2/13 Fri pm	Effects of biological and physiological changes on musculo-skeletal function & nervous system : nursing considerations <b>Group Activities /Gaming</b>	Geriatric Assessment of the musculoskeletal and nervous system-possible conditions & nursing diagnoses  <b>A. McPherson</b>	2 + 1	Medical – Surgical Nursing chapters Gerontology Nursing Chapters  Functional Assessment of Older Adults
<b>Total</b>			<b>9 hrs</b>	
<b>Wk 5 Unit 4 10/2/13 Mon pm</b>	Standards of Gerontological Nursing  <b>A. McPherson</b>	Environmental and Lifestyle Assessment  <b>A. McPherson</b>	2 + 1	Standards of Gerontological Nursing
12/2/13 Wed am	Mental Health & Challenging Behaviours in the Elderly -Psychosocial Assessment <b>A. McPherson</b>	Communication, Health Education and the older adult <b>(Guest Lecturer)</b>	2+1	Gerontology text Journal articles
14/2/13 Fri pm	Effects of biological and physiological changes on reproductive health: nursing considerations <b>Group Activities /Gaming</b>	Geriatric Assessment of the reproductive system-possible conditions & nursing diagnoses <b>A. McPherson</b>	2 + 1	Medical – Surgical Nursing chapters Gerontology Nursing Chapters
<b>Total</b>			<b>9 hrs</b>	
<b>Week 6-8 LAB</b>				
<b>Wk 6 Unit 4 Fri am 21/2/13</b>	Drug Usage, Alcohol and Substance Abuse <b>A. McPherson</b>		2 hrs	Journal articles

UNIT	Lectures	Tutorials	HRS	Suggested Readings
<b>Total Wk7 Unit 4</b> Fri am 28/2/13	Home Care, Relocation, Institutionalization, Care-giving & Care Receiving <b>(Guest Lecture)</b>		2 hrs 2 hrs	Journal articles
<b>Wk 8 Unit 4</b> Friday 7/3/13	End of life, palliative care <b>A. McPherson</b>		2 hrs	Journal articles
<b>Total</b>			<b>4 hrs</b>	
<b>GRAND</b>	<b><u>TOTAL</u></b>		<b>44 HRS</b>	

**Group learning**

-Biological & Physiological changes in the elderly (guided group presentations)

\*\*\*\*\* See references on soft copy

**References ( for tutorials) - see Course outline**

Ahmed, T. and Haboubi, N. (2010). Assessment and management of nutrition in older people and its importance to health. Retrieved from  
<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2920201/>

Aging in the 21<sup>st</sup> century: A Celebration and a challenge

[http://www.google.com.jm/url?sa=t&rct=j&q=&esrc=s&source=web&cd=3&ved=0CDkQFjAC&url=http%3A%2F%2Fwww.helpage.org%2Fdownload%2F50af6e9c8f44b%2F&ei=BXOzUp6MBYPZkQebgYGwCA&usg=AFQjCNEOpXGzPhzfWrtQfQDMkAoeONvSiv&sig2=HF6fZKB4\\_zXEmuKH99vIvw](http://www.google.com.jm/url?sa=t&rct=j&q=&esrc=s&source=web&cd=3&ved=0CDkQFjAC&url=http%3A%2F%2Fwww.helpage.org%2Fdownload%2F50af6e9c8f44b%2F&ei=BXOzUp6MBYPZkQebgYGwCA&usg=AFQjCNEOpXGzPhzfWrtQfQDMkAoeONvSiv&sig2=HF6fZKB4_zXEmuKH99vIvw)

Desk review: The situation of older persons in Jamaica (2011). United Nations Population Fund (UNFPA) and Help Age International.

[http://www.google.com.jm/url?sa=t&rct=j&q=&esrc=s&source=web&cd=1&ved=0CCoQFjAA&url=http%3A%2F%2Fcaribbean.unfpa.org%2Fwebdav%2Fsite%2Fcaribbean%2Fshared%2Fpublications%2F2011%2FJamaica%2FFinalized\\_TheSitOlderPersonsInJamaica\\_UNFPA\\_030811-2.doc&ei=BXOzUp6MBYPZkQebgYGwCA&usg=AFQjCNEHAda-LTBV5MxPs5BsLG-dvPrgQ&sig2=DbRDrPwbSmGuZX2pw5Q23Q&bvm=bv.58187178.d.eW0](http://www.google.com.jm/url?sa=t&rct=j&q=&esrc=s&source=web&cd=1&ved=0CCoQFjAA&url=http%3A%2F%2Fcaribbean.unfpa.org%2Fwebdav%2Fsite%2Fcaribbean%2Fshared%2Fpublications%2F2011%2FJamaica%2FFinalized_TheSitOlderPersonsInJamaica_UNFPA_030811-2.doc&ei=BXOzUp6MBYPZkQebgYGwCA&usg=AFQjCNEHAda-LTBV5MxPs5BsLG-dvPrgQ&sig2=DbRDrPwbSmGuZX2pw5Q23Q&bvm=bv.58187178.d.eW0)

Eldemire-Shearer, D. (2008). Ageing, -The response Yesterday, today, and tomorrow. Retrieved from <http://connection.ebscohost.com/c/articles/40729724/ageing-response-yesterday-today-tomorrow>

Functional Assessment of Older Adults (Power Point Presentation)

<http://www.google.com.jm/url?sa=t&rct=j&q=&esrc=s&source=web&cd=4&ved=0CGEQFjAD&url=http%3A%2F%2Fwww.olderadultfocus.org%2FAssess%2FFunction.ppt&ei=D2PNUpbIEsLjsQSiYIK4Dg&usq=AFQjCNFBzqDCWDh6RmCO9c5J54i3wB1Q0Q&sig2=ptoUiTZNaUllaqCCBdb4CA&bv m=bv.58187178,d.eW0>

Healthy ageing through healthy living: Towards a comprehensive policy and planning framework for Seniors in B.C. (2005). British Columbia, Ministry of Health. Retrieved from [http://www.health.gov.bc.ca/library/publications/year/2005/healthy\\_aging.pdf](http://www.health.gov.bc.ca/library/publications/year/2005/healthy_aging.pdf)

Mainstreaming ageing into national policy frameworks: An Introduction. Retrieved from <https://www.un.org/ageing/documents/workshops/Vienna/issues.pdf>

Palmore, E., (1999). *Ageism: Negative and positive*. Springer Publishing Co. 2<sup>nd</sup> ed. Retrieved from [http://books.google.com.jm/books?id=Cg4\\_DTUuV4IC&dq=ageism+negative+and+positive&source=gbs\\_navlinks\\_s](http://books.google.com.jm/books?id=Cg4_DTUuV4IC&dq=ageism+negative+and+positive&source=gbs_navlinks_s)

The Madrid Plan and You: Ageways International. [https://www.google.com.jm/?gws\\_rd=cr&ei=rnyHUoukBce-kQey64GABg#q=Ageways+HelpAge+International+July+2011](https://www.google.com.jm/?gws_rd=cr&ei=rnyHUoukBce-kQey64GABg#q=Ageways+HelpAge+International+July+2011)

Vision 2030 mentions old people, but not enough. Jamaica Observer. [http://www.jamaicaobserver.com/news/-Vision-2030-mentions-old-people--but-not-enough-\\_13260539](http://www.jamaicaobserver.com/news/-Vision-2030-mentions-old-people--but-not-enough-_13260539)

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